

The Gravy Infusion

News, activities, and doings from the Loyal Jones Appalachian Center



LJAC Update

It's been a weird year, but that hasn't stopped us from finding meaningful ways to connect and celebrate Appalachian culture. Here are three productions to partake of that will warm your heart.

Women of Appalachia



On Oct 29th we co-sponsored the [Women of Appalachia](#) convo for Berea College and were joined by Appalachian authors and artists Kari Gunter-Seymour, Savannah Sipple, Sue Powers, and Karen Salyer-McElmurray. Watch the full performance [here](#)

LJAC Podcast

Last month Berea College students, Hannah, Shaylan, and Mackenzie worked together to create our first ever podcast! In our first episode, "[Appalachian Folklore & Ghost Stories](#)," we interviewed Britney Napier, a Berea Alumn and native Appalachian from Clay County, Ky. She shares with us some spooky tales and Appalachian superstitions from her childhood.



“Storms
make
trees
take
deeper
roots.”

Dolly Parton

Read about our Dolly Parton Pinball Machine [here!](#)



Celebration of Traditional Music (Virtual Style)



This year's Celebration of Traditional Music (CTM) may have looked a bit different this year, but CTM Director, Liz DiSavino, put on yet another unforgettable event with outstanding musical performances from talented musicians all over the country. To read more about this event visit our blog [here](#).

Let's Have Some Fun!

How many Appalachian Treats have you tried?



Cornbread and Beans



Buckwheat Pancakes



Apple Stack Cake



Biscuits and Gravy



Venison Stew



Pepperoni Rolls



Spoonbread



Grits

I don't know if I love the mountains I don't know if I hate
 the mountains I love to drown
 in the mountains I hate the crooked
 mountains I love the mountains I hate
 the mountains I love the mountains I hate
 the mountains I love

Savannah Sipple from [WWW.ID and Other Poems](#)

