



Pre-Medical/Dental Undergraduate Timeline First Year Students

Getting started

- **Focus on your courses.**
Get off to a good start academically. Your undergraduate courses are not just “hoops” to jump through. They are the foundation for all of your future medical or dental school training.
- **Take advantage of your professors’ office hours.**
They are there to help. Get to know them. Your professors are an invaluable resource.
- **Utilize your course teaching assistants’**
tutoring, review or supplemental instruction sessions.
- **Contact Dr. Dawn Anderson, Berea College Pre-Medical/Dental Advisory Committee chair,**
so she and other Committee members will know you are interested in pursuing a health career path. Members of the Pre-Medical/Dental Advisory Committee will be better able to better advise you and direct you to resources and opportunities that might be of interest or benefit if they know you are planning for a health career.
Dr. Anderson’s office is in the Science Building, Room 206; her e-mail is andersond@berea.edu. **(FALL/SPRING TERM)**
- **Meet with your academic advisor and Pre-Medical/Dental Advisory Committee members**
to discuss curriculum planning and career objectives. **(FALL/SPRING TERM)**



- **Learn about resources and opportunities**
available for pre-health profession students by attend applicable program informational workshops, professional school information sessions, seminars, career panels, internship & career fairs, etc. The **Internship Office** (Esther Livingston, director) and **Career Development Office** (Amanda Tudor, director) are also sources of excellent information. Both are located in Stephenson Hall, third floor. **(FALL TERM)**
- **Consider volunteering.**
Check out the many opportunities available through the Center for Excellence in Learning Through Service **(FALL/SPRING TERM)**
- **Discuss opportunities with your academic advisor**
for summer research (on- and off-campus), international studies or other off-campus programs that might be of interest. **(FALL/EARLY SPRING TERM)**
 - Be sure to check out the Summer Research Opportunity Moodle site maintained by the Biology Department for postings of a wide variety of experiential off-campus summer opportunities.
<https://moodle.berea/course/view.php.id=4355>
 - If you are interested in pursuing a term abroad in the future, start planning now. Talk with your advisor and visit the Center for International Education (Woods-Penniman Hall, second floor).