



## **Pre-Medical/Dental Undergraduate Timeline Sophomore Year**

### ***Focus your career path.***

- **Keep focused on your academic coursework.**  
Course expectations will be increasing as you progress through your major and general education program.
- **Decide and declare your major.**  
As a pre-professional student, you can major in any area of interest. Major in a field that you like and that interests you the most. You'll likely perform the best academically in an area you enjoy. You will just need to make sure to complete any of the necessary pre-professional prerequisite courses if they are not part of your major coursework. **(SPRING TERM)**
- **Continue to volunteer.**  
Many opportunities are available through the CELTS program as well as others through religious organizations, social service agencies, long term care facilities, hospitals, etc. **(FALL/SPRING)**
- **Consider shadowing a physician or dentist**  
during holiday breaks or during the summer break as part of a formal internship. Be sure to attend the internship information sessions offered by the Internship Office if you are considering a summer internship. A lot of planning and some paperwork is involved. Don't wait till the last minute. **(start planning FALL TERM)**
- **Investigate summer research opportunities.**  
Discuss opportunities with your advisor, talk to other professors, watch for posted announcements, search the web, etc. **(start planning FALL TERM)**
  - Check the Summer Research Opportunity Moodle site for a wide variety of experiential off-campus summer opportunity postings.  
<https://moodle.berea/course/view.php.id=4355>



- **Investigate and review information about the Medical College Admission Test (MCAT)**  
if you are following a pre-med track. Its not too early to acquaint yourself with the topics covered on the exam and the exam format. The best and most up-to-date information can be found at the American Association of Medical Colleges (AAMC) web site ([www.aamc.org](http://www.aamc.org)). Click on the "MCAT" link under the "Pre-medical Students" heading. **(FALL/SPRING)**
- **Investigate and review information about the Dental Admission Test (DAT)**  
if you are following a pre-dental track. Information about this exam can be found at American Dental Education Association (ADEA) GoDental web site: [www.adea.org/godental/](http://www.adea.org/godental/) **(FALL/SPRING)**
- **Review your academic progress and career goals** at the end of the year. Are you meeting your goals? If so, what do you need to do to keep on track? If not, what do you need to change to help you reach your goals? Do you need to re-evaluate your goals or career path? This might be a good time to talk to your advisor or member of the Pre-Med/Dent Advisory Committee. **(SPRING TERM)**
- **Update your c.v.** **(SPRING TERM)**