

# Health and Human Performance career Paths

\* Require graduate degree



# Adapted Physical Activity

American Association of Adapted Sports Program



# Aquatics Director, Water Fitness Instructor, Life Guard

USA Swimming



# Athletic Administration in School or College

National High School Coaches Association



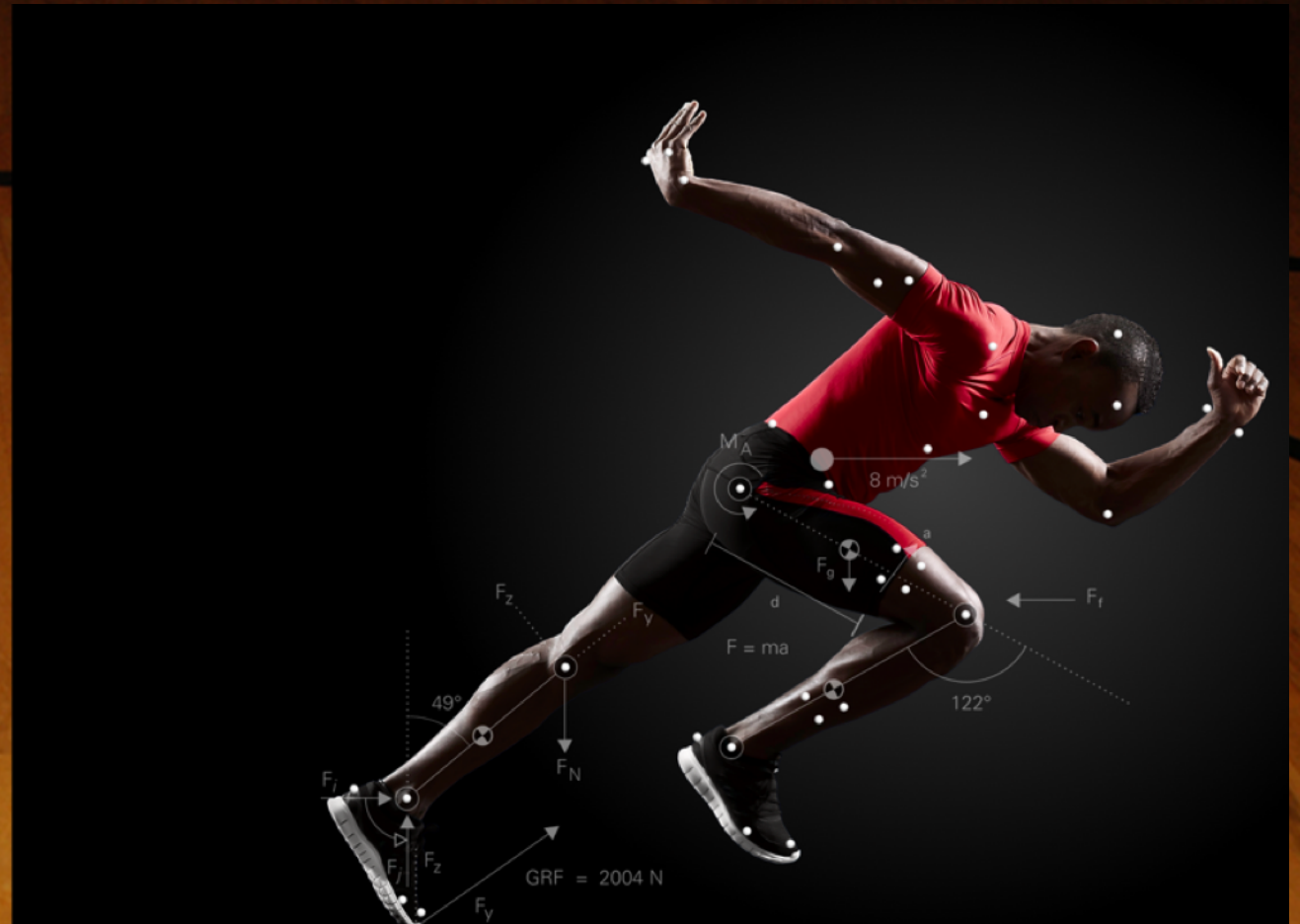
# \*Athletic Trainer

National Athletic Trainers Association



# Biomechanist

American Society of Biomechanics  
International Society of Biomechanics



# Cardiac Rehabilitation Specialist

American Association of Cardiovascular and Pulmonary  
Rehabilitation



# **\*Chiropractic Physician**

American Chiropractic Association





# Coaching at School or College

[National High School Coaches Association](#)



# Director of Youth Camps/ Sport Programs

Boys and Girls Club of America  
YMCA



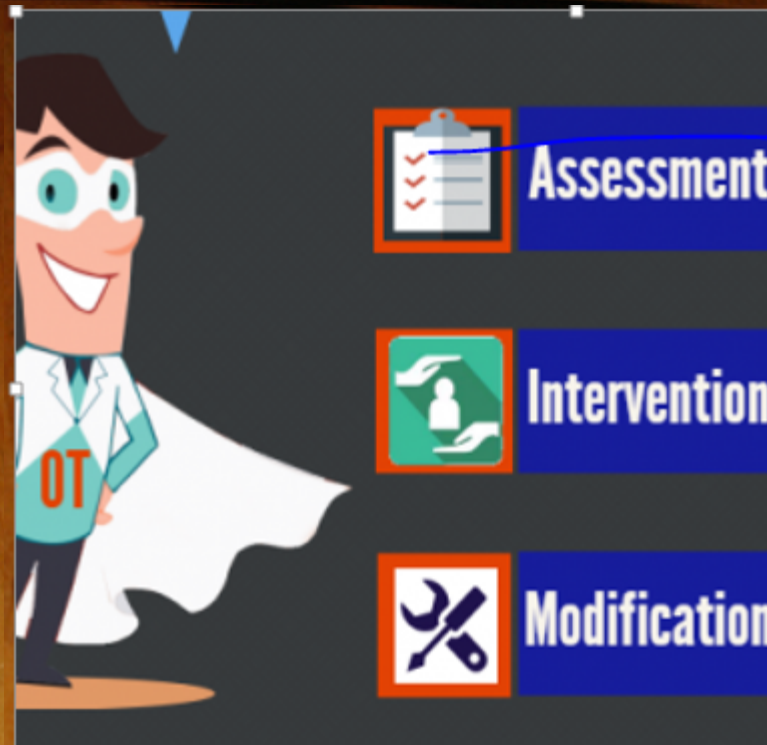
# Exercise Physiologist

Fitness Instructor or Program Director at Commercial Fitness Center -  
Program Director of Corporate Fitness Center - Sports Director at Resort



# \*Occupational Therapist

American Occupational Therapy Association



# Personal Trainer

IDEA Health and Fitness Association

American College of Sports Medicine

Cooper Institute

National Strength and Conditioning Association



# Physical Education Teacher at School or College

[SHAPE America](#)

[PE Central](#)

[PE4Life](#)



# **\*Physical Therapist**

[American Physical Therapy Association](#)

[What Does a Physical Therapist Do?](#)

[Complete Guide to Online Physical Therapy Degrees](#)



# \*Physician Assistant

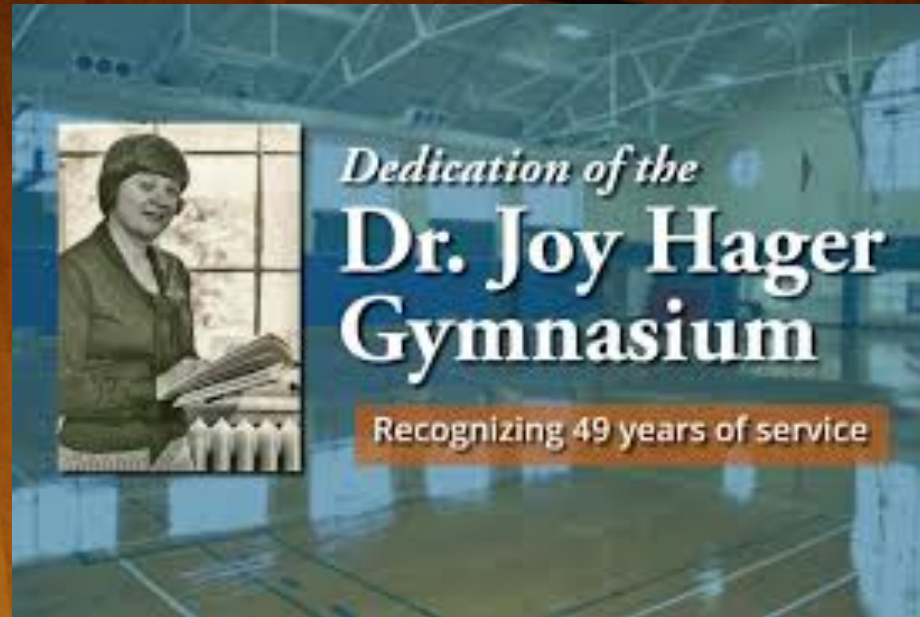
American Academy of Physician Assistants





# \*Professor of Kinesiology, Physical Education

National Academy of Kinesiology Doctoral Programs in Kinesiology



# Recreational Therapist

American Therapeutic Recreation Association



**National Council for  
Therapeutic Recreation  
Certification**

# Strength and Conditioning Coach

National Strength and Conditioning Association



# Sports Officiating

[National Association of Sports Officials](#)



# **\*Sport Psychologist for Performance Enhancement**

American Psychological Association

Division 47 – Exercise and Sport Psychology

Association for Advancement of Applied Sport Psychology



**\*Dance Therapist  
Dance Teacher at school or college**

**NDEO**



# Health Major Entry level carriers

- health educator
- community health worker
- health coach
- worksite wellness programmer
- research assistant
- health advocate



# Health majors Graduate study

- public health
- epidemiology
- biostatistics
- health promotion
- health administration
- public policy





**Questions?**

