

Monday Messages to Students from Alumni

From a 2012 graduate: Guys - Don't lose faith during the pandemic. It will come and go and you'll emerge stronger after this. Focus on your work and study. Take some time to reflect and plan ahead. Reach out to family and friends for companionship. And most important, drink more water, eat more greens, exercise more daily and always wear mask in public. Stay safe!

From a 2004 graduate:

We are so proud of your commitment to your studies and to health and safety. You've accomplished so much. Good work.
You CAN do this

From a 90s graduate:

Each generation has its defining crisis. Hang in there! You want a victory story to tell your kids and grandkids!

From a 2012 graduate:

Remember that you made it this far. The same power that brought you here, will carry you through.

From a 2002 graduate:

COVID-19

Pandemic

In this difficult time it is important to treat everyone with grace and compassion. Chances are that they are as tired and stressed out as you are and kindness costs nothing. Good luck this semester!

From a 70s graduate: Resiliency and adaptability connect you to ancestors stretching back across the millenniums. It paved the way for your birth. Someone in your past was resolute, focused, vigilant and outlasted pestilence and disorder. You have inherited the competence to endure and succeed. It exists in you.