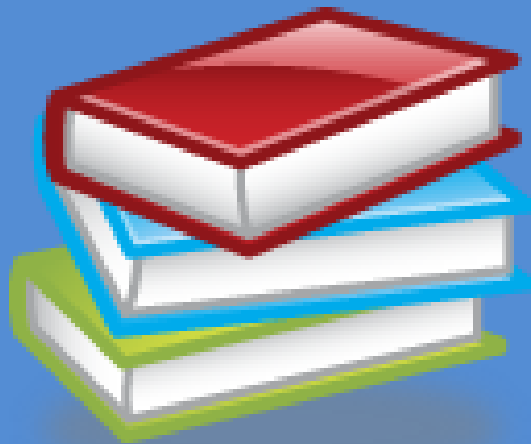


# Work/Labor Supervisors: Health and Wellness



Administered in Spring 2013

Response Rate: 54%

## Default Question Block

The purpose of this survey is to obtain information and ideas from work/labor supervisors regarding student health and wellness. This is a project initiated by the Work Colleges Consortium Research Group.

The survey should take only a few minutes to complete and all survey responses are anonymous. The results will be used to help us understand what role labor supervisors could play in the overall health and wellness of the student populations we serve.

Thank you,

Work Colleges Consortium Research Group

Angela Courage, Assistant Director of Institutional Research  
Ecclesia College

Fran Forman, Registrar and Director of Institutional Research  
College of the Ozarks

Allyson Hettrick, Director of Institutional Research  
Warren Wilson College

Sherry Long, Educational Division Head  
Alice Lloyd College

Kristi Nelms, Director of Institutional Research  
Blackburn College

Jennifer Payne, Dean of Work  
Sterling College

Judith Weckman, Director of Institutional Research and Assessment  
Berea College

Mark the College where you work.

- Alice Lloyd College
- Berea College
- Blackburn College
- College of the Ozarks
- Ecclesia College
- Sterling College
- Warren Wilson College

Length of time as a work/labor supervisor:

- less than one year
- one to three years
- over three years but less than five years
- over five years

On average, how many students do you supervise per year?

- one student
- 2-4 students
- 5-7
- 8-10
- more than 10

Please rate to what extent the following are a wellness challenge for any of the students you currently supervise (whether it interferes with their work or not). If you have student managers who are responsible for direct supervision of student teams, please ask their assistance in responding to this item.

	Consistently a wellness challenge	Occasionally a wellness challenge	Rarely a wellness challenge	Don't know
Sleeping (sleeping too little, not regularly, or too much)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nutrition (not eating healthy foods, not eating regularly, over or under eating, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Obesity or being significantly overweight	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of regular physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Homesickness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family issues/problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stress management	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social problems (not connecting in positive ways to peers)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Romantic relationship problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Illegal drug abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tobacco addiction	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Emotional issues/problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Spiritual issues/problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Absences due to illness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Too much involvement in school related activities (but not coursework)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
No involvement in school related activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overextended work (on or off campus)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other, please describe. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other, please describe. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other, please describe. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

From the list above, list in order the top three wellness challenges you observe in the students you supervise.

Top challenge

2nd highest challenge

3rd highest challenge

What role could work/labor supervisors play in enhancing the general health and wellness of the students they supervise? Please feel free to be creative. We are interested in your ideas.

What training, support, and/or resources do labor/work supervisors need to help students and obtain higher levels of health and wellness? Please be specific.

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What training, support, and/or resources do YOU need to integrate higher levels of health and wellness for yourself into your job? Please be specific.

Thank you for your time and ideas.