

Berea College Nursing
THE ISLAND NEWS
Spring 2015



Turning a New Page

Letter from the Editor

We are honored to share the Spring 2015 edition of the ISLAND News with our students, faculty, staff, alumni and friends. Our focus of this newsletter edition is *“turning a new page”* as we move forward into new opportunities and experiences

When we set out on this purposeful journey in Nursing, we had a distinct goal in mind. Although there may have been bumps along the way that either delayed or changed our path, we are encouraged through our valuable mentors, professors, peers and personal accomplishments. For those in a waiting place, I would love to share a favorite verse of mine, “But they that wait upon the LORD shall renew [their] strength; they shall mount up with wings as eagles; they shall run, and not be weary; [and] they shall walk, and not faint (Isaiah 40:31).”

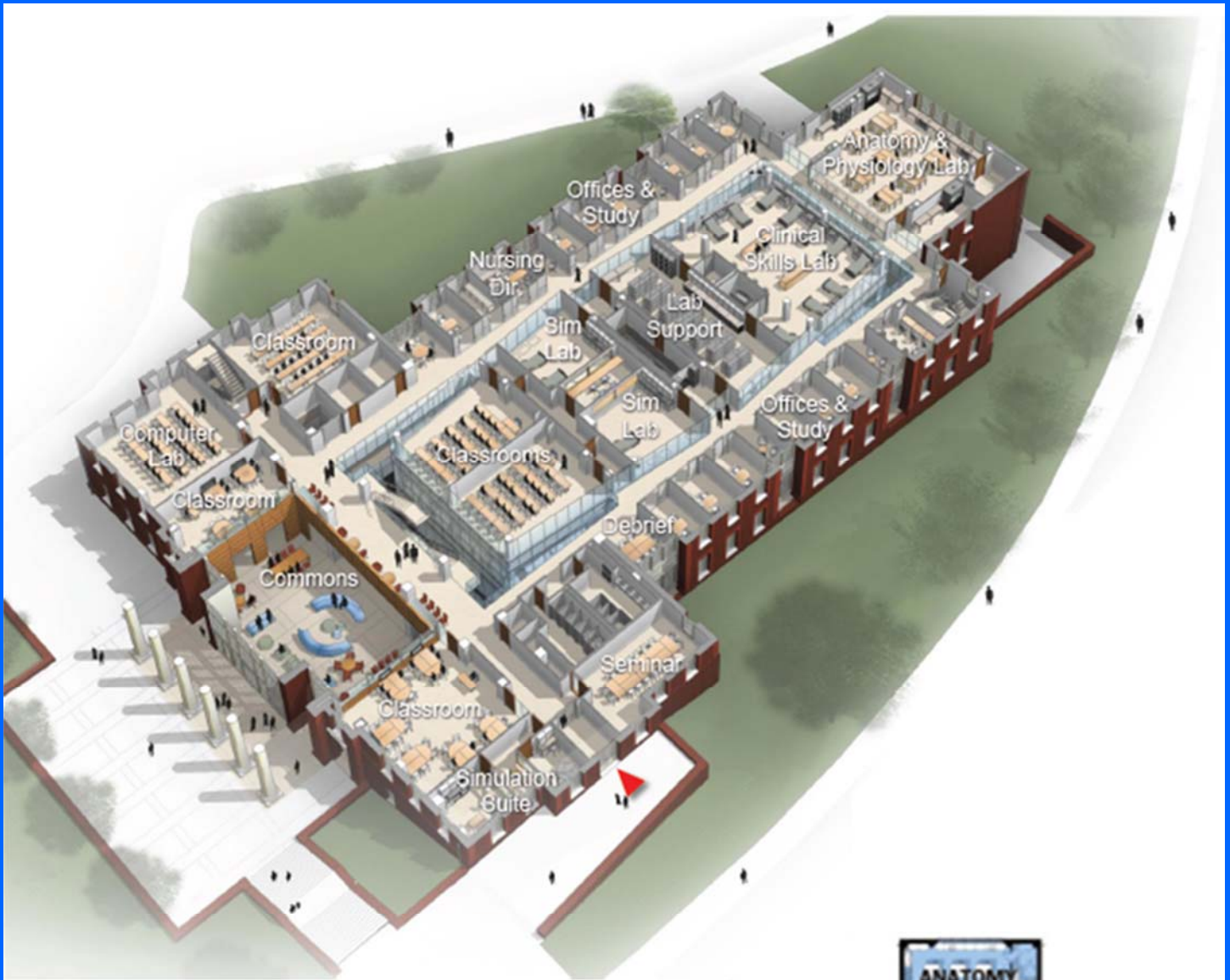
Nursing students, as the semester comes to a close, and you turn the next page—whether it be summer classes, internships, studying abroad, or accepting a new job position—every day is a new beginning. Respectfully, treat it that way. Stay away from what might have been, and look at what can be. We are real, honest, down to earth people who work hard to live purposefully, but who are not afraid to admit the struggles that are faced when one is determined to complete their goal. Continue to be bright examples to your peers, family and friends, and remember to appreciate the simple moments of each day.

Sincerely,



Judy L. Ponder, DNP, MSN, RN
Assistant Professor of Nursing
Berea College Baccalaureate Nursing Program
Judy_Ponder@bera.edu





The cover shows a “sneak peak” of preliminary plans for the new Berea College Natural Sciences and Health Building!

It is important to keep in mind that these plans have not been finalized. We hope this sneak peak will ignite the same excitement we have as we turn a new page.



HONOR SOCIETY OF NURSING



The past year has been a busy one for the Berea College Honor Society of Nursing (BCHSN). BCHSN co-sponsored a seminar with the Berea College Association of Student Nurses and Kentucky Organ Donor Associates titled "Someone is waiting: Organ and Tissue Donation." This seminar explored the role of the health care team in organ donation and transplantation. BCHSN also invited Donna Ricketts, a doctorate of nursing practice (DNP) student from Northern Kentucky University, to present a workshop to the nursing faculty about cultural diversity for nurse educators. This workshop presented a model for nurse educators to teach cultural competency to nursing students and provided hands-on activities for instructors to use in the classroom. On May 2, 2015, the BCHSN inducted three new members into The Society. Juniors, Ifeanyi Madujibeya, Gladys Kamau, and Stephanie Walden were recognized at the annual induction ceremony for achieving the high academic standards required for this prestigious opportunity.

Congrats!



Stephanie N. Walden
Class of 2016



Ifeanyi N. Madujibeya
Class of 2016



Gladys W. Kamau
Class of 2016

excellence IN NURSING

The Baccalaureate Nursing Program offers congratulations to the following students who were chosen for the following awards (2014-2015):

- **Edd C. Hogg Memorial Scholarship—Kirsty Maxson, Jr. Nursing Student**
Awarded to second term juniors majoring in Agriculture & Natural Sciences or Nursing who have demonstrated Christian faith, economic need, and academic achievement.
- **Julie Braden Thompson Award—Marian Popa & Zachary White**
Awarded to pre-medical or nursing student who has achieved an outstanding academic record, manifests professional promise and who exemplifies excellent moral character.
- **Margaret G. Rogers Nursing Award—Nicholas Cress**
Awarded annually to a nursing student who has demonstrated excellence in labor.
- **Martha E. Wylie Award—Gladys Kamau**
Awarded annually to a junior Nursing student to recognize superior achievement in nursing.
- **W.H. and Mabel Simmons Dean Scholarship—Marian Popa**
Awarded annually to a sophomore student planning a career in the health sciences.
- **Departmental Labor Award—Kirsty Maxson**
- **Henry W. and Edna Austin Scholar—Chioma Amaechi**
Austin Scholar or Austin Scholarship is awarded to a student in recognition of academic and personal excellence

Summer Opportunities



Nursing Program Summer Internships 2015:

- **Waters Memorial Nursing Internship (CarePartners Rehabilitation Hospital, Asheville, NC)—Gladys Kamau**
- **Shepherd Program Internship—Ray Xia**
- **UK HealthCare—Ifeanyi Madujibeya**
- **VALOR (VA Learning Opportunities Residency)—Nicole Oguike**
- **SPICEE (Summer Partnership Integrated Clinical Experiences and Education) Program at Baptist Health, Lexington—Kirsty Maxson**
- **University of Missouri Health Care Center for Education and Development—Mamdouh Nakada**

Class of 2015



Klara B. Aminova
Emergency Nursing



Jessica K. Brown
Trauma and Maternity



Nicholas A. Cress
Intensive Care

Class of 2015



AnnMarie Garland
Emergency Nursing



Kristen A. Lynch
Emergency Nursing



Joan E. Maninang
Medical-Surgical



Jessica L. Pierce
Critical Care



Jazzmine B. Ramey
Critical Care



Brittany L. Sullivan
Women's, Pediatric, and Community Health

KENTUCKY ORGAN



Kent

On April 7, 2015 Berea College, in partnership with the Donate Life Kentucky Coalition and Saint Joseph Berea, hosted a hands-on learning experience entitled “Life is Cool”. Approximately seventy-five Education, Science and Nursing faculty and students volunteered for the event in Woods-Penniman Commons on Berea College’s campus.

“The program, ‘Life is Cool,’ is without a doubt one of the most important things I’ve ever been associated with in both my professional and personal career,” said Charlotte Wong, community development and public education coordinator with Kentucky Organ Donor Affiliates. “This program is a hands-on learning experience that the children of Madison County will remember, draw on and hopefully live by for the rest of their lives. And, should they make good choices and live long productive lives, then hopefully what they learn through this program will encourage them to be an organ donor and give life to another person. That will be one of the greatest gifts they will ever give.” Prior to attending the field trip at the college, the children participated in a five lesson curriculum, including workbooks filled with activities and learning tools, which Donate Life Kentucky Coalition provided free of charge to the school. The lessons included a teaching tool called, “You Be The Teacher,” where students were required to take the lesson home and teach it to an adult in the household who signed the workbook for a grade. At the end of the teaching curriculum, students attended the “LIFE IS COOL” program.



**Nursing Program Sophomore Participants
(Class of 2017)**



**Nursing Program Junior Participants
(Class of 2016)**



tucky

Donor Affiliates

During the hands-on, interactive two-hour program, nearly 400 fourth and fifth grade students in Madison County rotated in groups of up to 10 students through 10 individual learning stations. Each group had a volunteer tour guide who rotated with them to each station. The focus of the program was on a specific organ or tissue in the body. Students also learned about the major transplantable organs of the body, the cornea (eye) and blood, and the function of those organs and tissues, as well as life choices that promote good health.



Pig organs were used at several learning stations to provide visual support, as they are similar to the anatomy of human organs. They also participated in activities such as listening through a stethoscope, simulation of corneal blindness, as well as observing demonstrations of how trans-fat foods affect heart and kidney function. Other activities included discussions and demonstrations of how personal choices like smoking, drinking alcohol and irresponsible drug use affect your body. An organ vest with removable organs and tissues was utilized to give visual assistance to students understanding organ and tissue transplantation.



This program was a huge success, and our hopes are to continue to collaborate with our community partners and host this event on an annual basis.

BCASN



The Nursing Department would like to thank the graduating Berea College Association of Student Nurses (BCASN) Officers: Jazzmine Ramey, AnnMarie Garland, Jessica Brown, and Klara Aminova for their service and dedication. As well we would like to congratulate our newly elected officers.

President—Nicole Oguike
Vice President —Stephanie Walden
Secretary—Sara Clark
Treasurer—Gladys Kamau
Faculty Sponsor—Dr. Judy Ponder

BEHIND EVERY GOOD TEACHER

The Nursing Program would like to thank the senior teaching assistants:

Nicholas Cress, Jessica Pierce, and Jazzmine Ramey for their capable service. We wish them the best as they begin their professional nursing careers. Each of them will be sincerely missed.

We would also like to introduce the 2015-2016 teaching assistants. We are pleased that rising seniors Kirsty Maxson and Stephanie Walden are returning. Please welcome our newest teaching assistants: rising senior Nicole Oguike as the IT-TA; and rising juniors: Trinity Goodman, Rachel Snider, Marian Popa, and Zachary White. The Program is thankful for your desire to serve, and we look forward to working with you.



**IS A GREAT
TEACHER'S ASSISTANT**

Thank You!

It is an honor to recognize Nicholas Cress, Student Editor, of The ISLAND News. Since the first edition in fall of 2012, The ISLAND News has celebrated the dedication and accomplishments of our student nurses, faculty and staff. Nick's attitude throughout the years has been one of inspiration, encouragement and dedication. His leadership as the Student Editor has paved the way for his peers to follow in his footsteps. We wish him the very best as he continues his work of excellence in the world of health care.



The Nursing Program would also like to recognize the work of Jazzmine Ramey who has served as an active member of the newsletter committee since the fall of 2013. Thank you, Jazzmine!

Berea College Nursing Faculty

★ Shaping the Future of Nursing



Undergraduate Research Project with Grow Appalachia

Dr. Lisa Turner, RN, PhD, PHCNS-BC, was awarded funding from the Berea College Undergraduate Research and Creative Projects Program (URCPP) for her research with the Grow Appalachia Program evaluating the impact of community gardens in Appalachia. Grow Appalachia is a Berea College program that seeks to improve access to healthy foods in Appalachia by empowering families and communities through cultivating community gardens.

This cross-sectional, mixed-methods pilot study will be conducted during the summer of 2015 and seeks to describe the perceptions of individual's experiences as they develop a garden with the Grow Appalachia Program, and explore potential health outcomes of individuals and families involved in the Grow Appalachia program. Gabrielle Christian, a junior pre-med student, will work as Dr. Turner's research assistant on this project.



Mentor
wanted!

Berea College Nursing Alumni-Student Mentoring Program: Achieving Excellence in Nursing for Appalachia and Beyond

Research indicates that mentoring new nurses supports the creation of nurse leaders, and improves retention and diversity in the nursing workforce. To support students as they progress through the program and prepare to become professional nurses, the Berea College nursing faculty initiated the "Berea College Nursing Alumni-Student Mentoring Program: Achieving Excellence in Nursing for Appalachia and Beyond". This mentoring program matches currently enrolled nursing students with alumni mentors. The alumni mentors provide career advice, networking opportunities, a chance to hone communication skills, and discussions about practice issues for the participating students.

The program incorporates the five core competencies of leaders and mentors developed for the Robert Wood Johnson Nurse Fellow program. These competencies include self-knowledge, strategic vision, risk-taking and creativity, interpersonal and communication effectiveness, and inspiration.

In the spring of 2015, twenty-eight students were matched with a nursing alumni mentor. Many thanks to all of the alumni who volunteered for this program. Special thanks to Dale Barlow BSRN, MHD, CCM, (1977 Nursing Alum) for serving as the alumni representative on the alumni-student mentoring committee. Faculty are in the process of evaluating the mentoring program and continue to welcome any nursing alumni who are interested in volunteering for the program.

Berea College Nursing Faculty

Faculty Accomplishments

Dr. Monica Kennison presented "Using Reflective Writing as a Nursing Intervention: Review of the Literature," at Sigma Theta Tau International Nursing Research Congress, Hong Kong, July 24, 2014.

Publications

Kennison, M., Dzurec, L. C., Cary, A., & Dzurec, D. (2015). Seeking the 'magis:' Jesuit pathways to enhancing civility in higher education. *Jesuit Higher Education: A Journal*. Manuscript accepted for publication.

Kennison, M. Reflective writing. In *Encyclopedia of Nursing Education*. Smith, M.J., Fitzpatrick, J. J., & Carpenter, R. D. (Eds.). Springer Publishing.

Dzurec, L., **Kennison, M.**, & Albataneih, R. (2014). Unacknowledged threats proffered in a manner of speaking. *Journal of Nursing Scholarship*. 46, 481-491.

Kirby, Carol A., "Prenatal Anxiety and Cesarean Delivery in a Clinic Population" (2015). *DNP Practice Inquiry Projects*. Paper 39.

http://uknowledge.uky.edu/dnp_etds/39

Kirby, Carol A., "Prenatal Anxiety and Cesarean Delivery in a Clinic Population" (2015). *Maternal, Child Health and Neonatal Nursing Commons, Digital Commons Network, BePress.com* <http://network.bepress.com/medicine-and-health-sciences/nursing/maternal-child-health-and-neonatal-nursing/>

Professor Teresa Villaran MS, MSN, APRN-BC, CCRN, became a Certified Nurse Educator Spring 2015.

Judy Ponder, DNP, MSN, RN completed the instructor training course for state registered nursing assistants (SRNA) spring 2015. Dr. Ponder will be teaching an Introduction to Healthcare Professions course this summer.

Janis Tolliver, RN, Nursing Clinical Skills Lab/Simulation Coordinator attended a workshop at Drexel University College of Nursing and Health Professions and received a Certificate in Simulation Summer 2014.

Susan Vickous, MSN, RN, CNE, is pursuing her education doctorate at Western Kentucky University.

Lisa Turner, PhD, PHCNS-BC, RN, will be teaching a GSTR 110 course fall 2015 titled "Zombie Apocalypse: Are we prepared?"

Carol Kirby DNP, MSN, RN, CNM, completed her Doctorate of Nursing Practice (DNP) degree from the University of Kentucky and successfully defended her original research project "Prenatal Anxiety and Cesarean Delivery in a Clinic Population." **Congratulations, Dr. Kirby.**





COMMONWEALTH OF KENTUCKY BOARD OF NURSING

This is to certify that

Berea College – Baccalaureate Degree Program

Has met the requirements established by law and the Kentucky Board of Nursing and is hereby granted

FULL APPROVAL

The issuance of which confers the right to operate a nursing program in the Commonwealth of Kentucky in accordance with the provisions of the Kentucky Revised Statutes Chapter 314.



Sally Baxter, RN
Sally Baxter, President, KBN

April 17, 2015
Date

Paula S. Schenk, MPH, RN
Paula S. Schenk, Executive Director, KBN

April 17, 2015
Date



COMMISSION ON COLLEGIATE NURSING EDUCATION

Honor Society Induction Ceremony

May 2, 2015



Judy Ponder
1989 Nursing Alum
DNP, MSN, RN
Assistant Professor of
Nursing

Carla G. Baumann
1976 Nursing Alum
MSN, RN, INC-BC

BC Nursing Alumni

Mikheil Matcharadze, Class of 2015

I graduated from Berea College in May 2014 and started my nursing career at the Cardiovascular Intensive Care Unit as a new graduate nurse at the University of Kentucky Hospital. I completed a six month orientation on the unit and was lucky to have wonderful preceptors and coworkers mentoring me throughout that time. I found cardiovascular specialty to be my nursing niche. On the unit I care for open heart surgery patients, heart and lung transplants, patients who require to be on Extracorporeal Membrane Oxygenation (ECMO), Continual Renal Replacement Therapy (CRRT), and Balloon-pumps, to name just a few. I am honored and privileged to be able to care for my patients and their families and be there for them during one of the hardest, critical times of their lives.

My plan is to continue my nursing career in Australia and travel the continent while taking care of the sick. After gaining several years of practical hands on work experience, I plan to pursue post graduate education in critical care nursing specialty.

We Want to Hear From You!

Please take time to drop us a line about your professional activities, honors, employment, or other items of interest.

Alumni

Name _____

Year of Graduation _____

News _____

Please email information to Lori McKeel: mckeell@berea.edu

Newsletter Committee:

Dr. Judy Ponder, Nicholas Cress, and Jazzmine Ramey

