

BEREA COLLEGE

NURSING

Spring 2020

Responding to
Covid-19 page 12





Mission

In keeping with the learning goals articulated in *Being and Becoming Berea College in the 21st Century* and the Great Commitments of Berea College, the mission of the Baccalaureate Nursing Department is to prepare students with great promise and limited economic resources from Appalachia and beyond for professional nursing in a changing practice environment. The Program prepares students as leaders, lifelong learners and advocates for health, providing a strong foundation for graduate study in nursing.

Vision

The vision of the Nursing Department is to be globally recognized for excellence in nursing.

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Spring 2020
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Find us on Facebook at "Berea College Baccalaureate Nursing Department Alumni and Friends"

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On The Cover:

FROM LEFT: Kagoshima University Nursing student, Aji Mbye '20, Dr. Lisa Turner and Kali Bruns '20 at Kagoshima University, Japan

Resilient and Adaptable Ambassadors

A new year is unfolding – like a blossom with petals curled tightly concealing the beauty within. –Japanese proverb, author unknown

ベレア大学看護学へようこそ
Welcome to Berea College Nursing!

I am amazed and humbled by the selfless acts of those on the front lines of the COVID-19 pandemic response. The Nursing Department extends our utmost gratitude, especially to our alumni, who represent the thousands of nurses willingly working arduous hours under tense situations to battle an unforeseen and initially unknown pandemic.

When the campus closed on March 13, 2020, our faculty, staff and students rose to an unprecedented challenge adapting to distance learning and virtual simulations substituting for clinical experiences. At this writing we are exploring engaging options for opening campus this fall within safety parameters for the college community. We are eagerly planning to resume select on-campus classes safely for some or all students.

We have exciting news to share! During the summer of 2019, Dr. Lisa Turner accompanied six junior nursing students to Kagoshima, Japan where they met nursing faculty and students from Kagoshima University (KU) and Chung-Ang University (Korea). This visit marks the second annual visit as part of our Collaborative Online International Learning (COIL) partnership with KU. While the spring and summer COIL activities were cancelled, we will resume the program post-COVID-19. As the Japanese say, our relationships are ‘to be continued.’

In September 2019 we hosted an inaugural international visit by KU nursing students and faculty as part of our COIL partnership. Thanks to Drs. Jeff Richey and Nathan Patton the opening reception held in Woods Penniman not only connected our visitors with Berea College nursing students but also, Japanese and Asian study students and faculty. In an unparalleled opportunity, our own and KU nursing students worked side-by-side on the maternity unit at Baptist Health Richmond. Many thanks to faculty member, Dr. Carol Kirby, and alumna, Dr. Judy Ponder '89, Director of Education and Professional Development at Baptist Health Richmond, for arranging this exceptional practice experience.

When I want to recharge from the seemingly endless to-do list, I pause to connect with students in some way. I may walk into a classroom to chat with students on break or reread a reflective writing assignment about a challenging clinical experience in which the student made a profound difference in the patient's health outcome (I keep a few such writing assignments at the ready for just such a time.). Sometimes I think about the stories students and alumni tell me about how much Berea means to them. One such story (see page 15) comes from Bidhya Dhital '20, who shared, as the White Coat Ceremony guest speaker, a heartwarming journey from her birth in a Nepalese refugee camp to her Berea graduation.

Our graduates did it again! The class of 2019 earned a 100% pass rate on the NCLEX-RN earning the Nursing Department the only school in KY to have achieved five consecutive years of this distinction. Our graduates' NCLEX-RN success helped us earn the #1 in Kentucky Nursing ranking (<https://www.registerednursing.org/state/kentucky/#rankings>). In this issue we celebrate and honor both 2019 and 2020 graduating cohorts.



Faculty, seniors '20, and KU visitors explored rural nursing sites in Hyden, KY, September 2019.



Monica

Two Unforgettable Visits

The Collaborative Online International Learning (COIL) Program included two ten-day exchange visits. During the visits nursing students from each school presented aspects of their respective cultures, healthcare systems and rural health nursing practices. Semi-structured discussions ensued contrasting cultural norms, healthcare practices, entry-to-practice for new nurses and challenges faced by nurses serving rural islands in Japan versus rural Appalachia.

Berea College visits Kagoshima University

In June 2019, Dr. Lisa Turner, Community Health Nursing Professor, accompanied six rising senior nursing students, Kali Bruns, Bidhya Dhital, Hollie Jameson, Joanita Maison, Aji Mbye, & Palkyi Palkyi, on a ten-day exchange visit to Kagoshima, Japan. During this visit Berea College students and faculty not only interacted with students and faculty from Kagoshima University nursing program, but also, a faction of South Korea's Chung Ang University students and faculty. The exchange students sat in on nursing classes at Kagoshima University which gave them an opportunity to see and discuss differences in approaches to nursing care. For example, the students had a deep discussion exploring how each country (United States, Japan, and South Korea) structured their healthcare system,

identified the role of the nursing within that system, and identified most common health issues. The participants also were able to see the healthcare system in action first-hand by touring a health center and a parenting support center, shadowing nurses at a local hospital, and learning about community initiatives aimed at helping the elderly population to age in place. Additionally, students had many opportunities to explore the culture of Japan. The experiences included an introduction to the art of Japanese calligraphy and origami, dressed up in traditional kimonos, and trips to local attractions such as viewing Mount Sakurajima, the active volcano in Kagoshima, and sand bathing at Ibusuki Beach.



Faculty and students display their names in Japanese.

Kagoshima University visits Berea College



Berea College and Kagoshima University faculty and students visit Frontier University in Hyden, Kentucky.

“These exchanges made me more conscious of how I greet the people in my life, and how to show respect to those in authority in my everyday interactions. From now on I will act with purpose.”
- Hollie Jameson '20



Berea College and Kagoshima University faculty at the welcome reception.

Summer Reunion 2019

Let's Reminisce



2019 Attendees

Dr. Charlotte Faye Beason '70, Louisville, KY
Joan Cole '83, Richmond, KY
Elizabeth Swan Duncan, '69, Andrews, NC
Joanne Smith Graves '69, Amelia, OH
Mary Francis Haire '69, Turtletown, TN
W. Randall Hall '79, Georgetown, KY
Martha Ulm Hill '66, Glendale, KY
Nancy Pickle Isaacs '69, Berea KY
Brenda Starnes Johnstone '75, Bristol, TN
Donnese Clevinger Kern '70, Big Stone Gap, VA
Linda Stevens Madden '69, Manchester, KY
Sherry McCulley-Hall '81, Enka, NC
Linda White Moore '69, Sanford, NC
Dr. Pamela Vickers Moore '71, Asheville, NC
Doris Hinkle Musser '55, Richmond, KY
Dr. Jennie Tallent Nickel '65, Columbus, OH
Dr. Betty Hyatt Olinger '69, Berea, KY
Debra Potts '79, Hodgenville, KY
Shelia A. Powell '69, Lexington, KY
Ann Hamlett Robertson '69, Huntsville, AL
Betty Hollandsworth Roop '70, Greenwood Village, CO
Mary Cunningham Russell '84, Louisville, TN
Ethel Stoltzfus Shank, '69, Ephrata, PA
Nancy Robinson Smith, '69, Kingston, TN
Mary Hull Southern '81, Lumberport, WV
Sandra Carter Toussaint '69, Lexington, KY
Janet McKinney Tracy '69, Shelbyville, KY
Jane Turnbull Weatherford '84, Richmond, KY
Lara Zavalza-Neeson '13, Lexington, KY



Remembering our days at Berea College.





Doris Ann Hinkle Musser '55 stands next to her class photo and shared that she chose to wear her black knee-highs, a requirement when she was a nursing student. See left page, top photo where Doris models the past dress code.



Forever Berea Beloved Nurses.



Welcome back, Class of 1969.

Martha A. Fox Memorial Psychiatric Nursing Lecture Series

Carol Kirby, DNP, RN, CNM



Martha Fox, center, bottom row, featured between the two gentlemen.

Berea College and the Nursing Department extend gratitude to R. Steven Fox for establishing the lecture series in memory of his mother, Martha A. Fox, 1929-2016. Martha worked as an RN at Norman Beatty State until it was converted into a correctional facility in 1979. She later served as the Director of Nursing at Western State Hospital in Hopkinsville, Kentucky. After moving to Evansville, Indiana, Martha continued working in mental health nursing within the most challenging state hospital environments. She pursued her nursing passion while raising two children as a single mother. Steven reminisced of his mother's courage for bringing a Bible to Russia after the Soviet Union collapsed.

R. Steven Fox is an American diplomat of the Foreign Service currently stationed in India. He has a master's degree in Divinity from Union Theological Seminary in New York City. Because of his generous donation, the Nursing Department offered two continuing education lectures during 2019-2020.

Workplace Bullying: Not on my Watch

Laura Dzurec, PhD, PMHCNS-BC, ANEF, FAAN, Senior Scholar at Boston College Connell School of Nursing, presented healthy responses to workplace bullying with her continuing education presentation: "Workplace Bullying: Not on my watch."

Dr. Dzurec earned her BS at the University of Connecticut, her MS from The Ohio State University, and her PhD from Case Western Reserve University. Dr. Dzurec serves on numerous advisory boards, panels, and committees with Sigma Theta Tau International, the American Psychiatric Nurses Association, and the National League for Nursing. Her extensive research in workplace bullying has extended understanding of this complex phenomenon and contributed to building ways to address it more effectively.

Nursing students, faculty, alumni and community nurses attended this continuing education workshop. Discussions centered around professional issues encountered with workplace bullying and establishing cultures of excellence in academic and practice settings.

Enhancing Nurses' Resiliency

As part of the Martha Fox Memorial Psychiatric Nursing Lecture Series, we were extremely fortunate to have a dynamic, engaging and informative speaker in Karen Newton. Her lecture on resiliency could not have come at a better time. In a time of drastic change and the stressors associated with the current COVID-19 pandemic, we need resilience more now than ever. Resilience as described by Karen is: "The process of adapting well in the face of adversity, trauma, tragedy, threats, or significant sources of stress; it means using internal and external resources to make decisions that enhance a person's, social, and environmental wellbeing".



Karen Newton presents to nursing students, faculty and alumni in Margaret A. Cargill Natural Sciences and Health building.



FROM LEFT: Karen Newton, Faith Holden '20, Hollie Jameson '20, Peyton Peardon '21, Hannah Malyuk '21

Karen served as Director of Health Promotion in Wellbeing Central, a division of University of Louisville Campus Health Services from 2007 to May 2018. Karen is now consulting with individuals and organizations to contribute her model for integrating three key frameworks into practical and accessible methods to operationalize mindfulness, resilience and wellbeing in daily life. Karen teaches the 4-week Koru Mindfulness course at Earth & Spirit Center and is collaborating with colleagues in CEHD and Psychology to develop a NIH-funded research agenda to study the Koru course outcomes, particularly the impact on academic perseverance and personal resilience biomarkers among students in marginalized identity groups.

Takeaways from our learning session - suggestions to increase your resilience during these trying times included:

- Good nutrition
- Sufficient sleep
- Exercise
- Meditate or be mindful of the little things around you
- Reconnect with yourself, other people and the natural environment
- Rid yourself of unhealthy relationships
- Avoid alcohol and other addictive substances
- Practice random acts of loving kindness (Pay it Forward)
- Reflective journaling

Nurses Christian Fellowship

Nurses Christian Fellowship (NCF) is an inter-year, interracial, international, and ecumenical group geared toward providing support and encouragement to nursing students during their journey in the nursing program. This year NCF offered study tips, self-care, fundraisers, fellowship and networking opportunities. Katrin Arango '22 and Sarah Tebesigwa '22 are the founding members of NCF and Agnes Dotse '22 is the Berea communications leader. Dr. Monica Kennison is the faculty advisor.



LEFT TO RIGHT: Agnes Dotse '22, Elita Adams '22 and Sarah Tebesigwa '22



Intersivity Nurses Christian Fellowship (NCF) student organization met for chili supper. **FRONT ROW, LEFT TO RIGHT:** Gabriella Cime '22, Isaac Humarang '22, Sarah Tebesigwa '22, Agnes Dotse '22, Katrin Arango '22, and visitor Mitsuki Nakazawa **BACK ROW, LEFT TO RIGHT:** Jonathan Collins '21, Elita Adams '22, Makyah Cleveland '22, visitor Maya Shimura, and the guest worship leaders, Lynel and Aaron McKeel.

Community Health Nursing



LEFT: NUR 448 Community Health Nursing focuses on integration and application of community health nursing theory and practice with an emphasis on assessment and health planning within populations at risk for health problems. Community-based clinical experiences provide students with opportunities to care for populations, groups and communities. Students work collaboratively with a community partner to identify a need for health promotion teaching. Megan Caldwell '20, left, Dr. Connie Lamb, and Bridgett Bill '20, partnered with the Berea Community School Family Resource Center. They developed and implemented a lesson for fourth graders focused on effective stress management strategies.



Nursing students and faculty participate in Berea Baseline Wellness Screening, fall 2019.

Alumni & Faculty Ris

Colleen Ambrose '76, APRN at White House Clinic, has served for many years as a liason for student health and as a consultant for nursing faculty. She currently serves as a member of the Berea College COVID-19 Fall Planning Committee for Health and Wellness. Colleen's expertise as a nurse practitioner is invaluable. Colleen, along with Dr. Lisa Turner (community health specialist), Dr. Monica Kennison, and the nursing faculty developed protocols for nurses' wellness checks for students quarantined on campus.



Good morning,

I am a 1973 grad from Berea with my BSN degree!! I retired a number of years ago... The way I am trying to help fight this Covid 19 battle is to do daily welfare checks on family and friends near and as far away as Thailand. The way I am primarily doing this is with daily phone calls, emails, or Facebook.

Thanks,

Doris Smithson Temple



As a former nursing faculty, I send my sincere gratitude to the current nursing faculty for their patience, their instructional accommodations, and dedication to serving their students. Such a tremendous challenge is being met with grace and compassion.

To the nursing students, stay strong, follow the example of your historic mentor, Florence Nightingale: "To do what nobody else will do, in a way that nobody else can do, in spite of all we go through, is to be a nurse.

Blessings to all of you.

- Claire Schuster

to the Challenge

A
COVID-19
Response

RIGHT: Trinity Dall
Goodman '15



Trinity Dall Goodman

April 15 at 4:41 PM

"Someday, healthcare workers that aren't answering you today will need to talk. They are going to tell you about the patients who died without their families. How their co-workers were getting sick all around them. How women gave birth in masks. How they held the hand of their dying patients because no visitor/family are allowed in the hospitals. How terrible it was to fear going to work and then fear going home to their families. How they worked with skeleton staff and heavy gear or no gear and had to make it through every day hoping not to be exposed. Someday, they will need to talk again. They will need you then, but today they just need to go to war with COVID-19 **#covidfighters #thankyou #stayhome.**"

White Coat Ceremony

By Dr. Linda Wray, PhD, RN

On Friday, November 16th, 2019, the Nursing Department held the Sixth Annual White Coat Ceremony in the Phelps Stokes Chapel on campus. The White Coat Ceremony was initiated in 1993 by Dr. Arnold P. Gold, a medical school teacher and pediatric neurologist, and the first White Coat Ceremony was held at Columbia University College of Physicians and Surgeons. Nursing Schools have now adopted this moving ceremony as a means of welcoming and initiating new nursing students into the profession of nursing. The ceremony serves to orient new students into the art and science of the Nursing major they have chosen to pursue. As part of the ceremony, the nursing student receives a white lab coat and is assisted with donning the lab coat by one of the nursing faculty.

Berea College and the Nursing Department welcomed twenty-two new, sophomore nursing students into the profession. The sophomore students cloaked at the ceremony included: Elita Adams, Messi Alemyhu, Katrin Arango, Asionna Bradham, Jimi Burns, Jocelyn de la Cruz Martinez, Agnes Dotse, Amy Ginter, Drew Guinn, Isaac Humarang, Obinna Ilochonwu, Erica Lee, Miriam Lindquist, Elvie Morgan, Heaven Pirtle, Diamond Posey, Leah-Rose Reynolds, Emmy Rodgers, Melissa Vega Alvarado, Shekinah Villahermosa, Alysa Weaver, and Natoria Wilson. These students are in the first nursing courses on campus and began their clinical experiences during the Spring semester of 2020.

The speaker for the White Coat Ceremony was Bidhya Dhital, a Senior Nursing Student from Berea College. Ms. Dhital spoke about her life in a refugee camp and how she came to Berea College to pursue a baccalaureate degree in Nursing. She graduated in May 2020.

As part of the White Coat Ceremony, each of the



Sophomore nursing students and faculty at White Coat Ceremony, November 2019.

Nursing Students received a stethoscope engraved with their name. These stethoscopes and a nurse's kit with bandage scissors, a penlight, and a name badge holder were generously donated by Berea College alumni, Dr. Ralph and Mrs. Laura Compton. The Comptons have often served as adopted parents for multiple Berea College Nursing Students and continue to be supportive of Nursing Students at Berea College.

Senior and junior nursing students enclosed a personally written note of encouragement to each of the new nursing students in their white coats. The Nursing students, the Nursing faculty, and all nurses in the audience recited the White Coat Ceremony Oath for Nursing. To celebrate and welcome these new students, a reception followed the ceremony in the Yahng Discovery Center in the new Margaret A. Cargill Natural Sciences and Health building. Because the weekend of the White Coat Ceremony was also Homecoming for Berea College, nursing alumni were invited to join the celebration for the new students and to celebrate their own return to their alma mater.



Refuge at Berea College



I was born in a Nepalese refugee camp when my family and tens of thousands fled from religious persecution in our home country of Bhutan. For 11 years I lived in the refugee camp with my two sisters and mother. When I was five, my dad passed away while working in India, and he was cremated, alone, because it was

expensive to return the body to Nepal.

Camp living conditions were unlike most American homes. We lived in huts built of bamboo, plastic, mud, and stone. We and another family shared a latrine that required taking a pitcher of water to manually drain the waste. Our school was like our home—huts, but crowded with 50 classmates seated on thin carpets instead benches or chairs.

Every 15 days the United Nations World Food Programme (WFP) served us rations of rice, salt, sugar, oil, vegetables, and chickpeas. Sometimes the ration did not last until the next ration day, but my mother never failed to place food on my plate by working in someone else's field in the village nearby. They only paid in vegetables, never money. For necessary cash, she worked for a textile company that sold what she produced for a lot more overseas.

My oldest sister developed a seizure disorder after my dad passed, so we had to make more money by hammering rocks to provide her life-saving medications. Hammering rock was tough labor, out in the heat all day.

Coming to the United States would not have been possible without help from the International Organization for Migration (IOM), who sponsored us to immigrate to Lexington, Kentucky. In Lexington, the Kentucky Refugee Ministries (KRM) helped make Kentucky our new home. I had never felt a sense of belonging and inclusion like I feel now in this community.

The circumstances I grew up in made me a hard-working student, especially watching my mother work so hard for us. If it wasn't for her and all that she has done for me and my sisters, I would not be standing here. Like many of us, I came to Berea because of its full-tuition scholarship. My mother works as a housekeeper with her limited English and that is not enough to help me pay for college.

Seeing many deaths, illnesses, and health complications due to a lack of basic healthcare in the refugee camp inspired me to pursue nursing. I am privileged to attend a wonderful college now, which I had never even imagined being a possibility before. I am thankful to Berea College and the Nursing Department for helping me succeed as a first-generation college student.

Dear sophomores,

Remember where you came from and how far you have made it.

There will be times throughout nursing school when you may ask yourself "why am I doing this?" and say, "I can't do this anymore, it's too hard," or "I'm tired of not getting the grade I want," and "I'm tired of not getting enough sleep."

Well, here I stand as a graduating senior telling you that each of you have answer and motivation within you. It's not going to be easy but it will be worth it at the end.

Please keep in mind, you are capable of becoming an impactful nurse.

Bidhya

Nursing News

Student Awards and Scholarships 2019 and 2020

Olive Ruth Russell Fellowship was awarded to **Marissa Morales '19** for an outstanding academic record, who presented a defined plan to pursue graduate study.

Julia Braden Thompson Award

- Elizabeth Owens '21 (2019)
- Bridget Bill '20 (2020)
- Hannah Faith Holden '20 (2020)
- Phurbu Tsetan '21 (2020)

in memory of Audine T. Adams' mother for a nursing student with outstanding academic record, who manifests professional promise and who exemplifies excellent moral character.

Martha E. Wylie Award

- Katelynn Spicer '20 (2019)
- Hannah Malyuk '21 (2020)
- Hannah Wilson '21 (2020)

was given to in recognition of superior achievement in nursing.

Margaret G. Rogers Nursing Award

- Logan Price '19 (2019)
- Hilda Okeyo '20 (2020)

in honor of Margaret G. Rogers to a nursing student who has demonstrated excellence in their labor assignment.

Algernon Sydney Sullivan Award

William E. Bardusch, Jr. Graduate Scholarship was awarded to **Marissa Morales '19** in honor of both the Foundation's longtime President William E. Bardusch, Jr., and the long-standing partnership between the foundation and Berea College.

Phi Kappa Phi was presented to

- Bridget Bill '20
- Hannah Holden '20

in recognition of high scholarship and strong character of students in all programs and areas, to foster the significant purposes for which institutions of higher learning have been

founded, and to stimulate academic achievement.

Lambda Pi Eta Omicron Sigma Chapter

was awarded to **Hilda Okeyo '20** to recognize, foster, and reward outstanding scholastic achievement in the Communication major.

Sigma Theta Tau International Delta Psi Chapter Award

was awarded to **Hilda Okeyo '20**

Mortar Board Award

- Hilda Okeyo '20
- Elizabeth Owens '21

for distinguished achievement in scholarship, leadership, and service.

Edd C. Hogg Award

was given to **Hannah Wilson '21** who exemplified Christian faith, economic need, and academic achievement.

Sigma Theta Tau inducted in 2019

- Kali Bruns '20
- Hannah Faith Holden '20
- Hilda Okeyo '20
- Palkyi Palkyi '20

Inducted in 2020

- Bridget Bill '20
- Marley Lawson '21
- Elizabeth Owens '21
- Phurbu Tsetan '21

for exhibiting high levels of achievement in the field of Nursing.

Departmental Labor Award

- Kali Bruns '20 (2019)
- Hilda Okeyo '20 (2020)

for valuable service and organizational skills while moving into the Margaret A. Cargill Natural Sciences & Health Building.

2019 Summer Internships

Water's Memorial Summer Internship at Cardinal Hill Rehabilitation Hospital in Lexington, KY

- Bidhya Dhital '20
- Hollie Jameson '20
- Joanita Maison '20
- Aji Mbye '20
- Hilda Okeyo '20
- Palkyi Palkyi '20
- Katelynn Spicer '20

University of Kentucky SNAP

- Bailie Parker, '20
 - Hannah Faith Holden, '20
- ### **Andromeda Transcultural Health care**
- Katrin Arango, '22
 - Sarah Tebesigwa, '22.

St. Joseph Continuous Care Hospital

- Olivia Arden, '20.

St. Joseph East, Lexington

- Hilda Okeyo '20

Due to COVID-19 all 2020 summer internships were cancelled.



Sigma Theta Tau International Delta Psi inductees from April 2019.

A Special Thank-you and Farewell

We wish to extend a heartfelt thank you and farewell to Ella Hunter, PhD, RN who taught our mental health nursing course for the past five years. She wishes to retire from Berea College didactic and clinical teaching. Dr. Hunter has served on the board of National Alliance on Mental Illness (NAMI) and on the KY Nurses Association, lobbying for Tim's Law, providing a type of outpatient hospitalization for clients with serious and persistent mental illness. Dr. Hunter continues to volunteer at Participation Station, a non-profit, educational and support program from those recovering from mental



Ella Hunter, PhD, RN

illness and substance abuse. She is currently serving as Second Vice President of Kentucky Nurses Association Bluegrass Chapter.



Brittney Sandlin '12, DNP, RN

While completing her MA in Education and her DNP focusing on leadership, Brittney Sandlin, DNP, RN, 2012 Nursing alumna, served as clinical faculty, sharing her knowledge and skills with nursing students at the University of Kentucky Children's Hospital. She recently accepted a new position in staff development at University of Kentucky Healthcare. We wish Dr. Sandlin continued success as a nurse practitioner and are very proud of her accomplishments.

Welcome Crystal Catron, BSN, RN Clinical Skills and Simulation Lab Manager

By Connie Lamb, PhD, RN, CNE

We are pleased to introduce Mrs. Crystal Catron, RN, BSN, Clinical Skills and Simulation Lab Manager. Crystal joined our department in October 2019. Her enthusiastic love for nursing, and impeccable support have already impacted the lives of our students and faculty. Crystal earned her Associate Degree in Nursing from Lincoln Memorial University (Harrogate, TN) in 2003 and completed an RN-BSN from Eastern Kentucky University in 2013. She is currently enrolled at Grand Canyon University, pursuing her Master of Science in Nursing, expecting completion in October 2020 with plans to pursue a doctoral degree. Crystal comes to us from the Saint Joseph Health system (Berea) where she excelled in her role as clinical educator by developing an excellent clinical orientation process, ongoing learning activities and clinical competencies, coaching and staff development for nurses. She brings many years of Critical Care and Clinical Educator experience to our department. She is an American Heart Association BLS, ACLS and PALS instructor. In addition to providing BLS training for our students and faculty, Crystal has taken on the responsibility of keeping the Clinical Skills and Simulation Labs stocked with supplies and equipment. She has organized our supply room and simulation spaces to match what the students may see in the hospital setting. During

simulation or clinical skills check-offs, students are expected to go into the supply room and gather needed equipment much like they do in the hospital setting. Crystal has mastered the Simulation Control Room. She is capable of operating both the Laerdal and Gaumard high fidelity patient simulators, while running the SimView recording software. Having this team approach to conducting simulation fosters best practice and improves student learning outcomes. In addition to the simulation related responsibilities, Crystal supervises the Nursing Teaching Assistants. She brings an energetic and passionate love for nursing education to the Clinical Skills and Simulation Labs and to the Nursing Department. We are fortunate to have her on our team. Crystal resides in Berea, with her husband Mr. Mark Catron, PA and their two lovely children, Channing and Caleb. When you visit Berea's beautiful campus in the fall, stop by MAC 339 and give Crystal a warm welcome.



BSN Graduates of 2019!



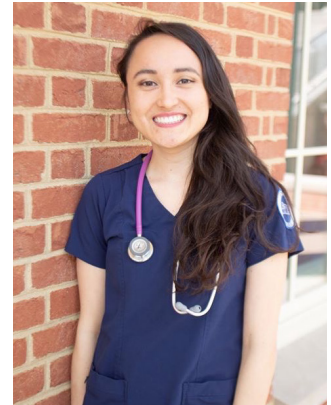
Brooklyn (Wiggins)
Adams
Cynthiana, KY



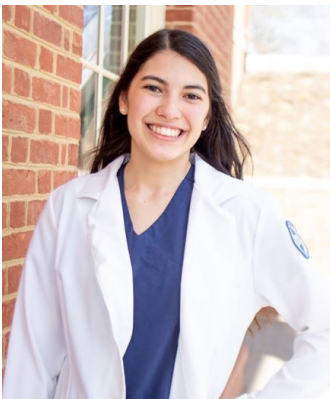
Logan Price
Lakeland, FL



Laura Lindsay
Sylva, NC



Rachel Hickman
Lexington, KY



Marissa Morales
Cleveland, OH



Awa Nyassi
Serrekunda, The Gambia



Dana Sutton
Bryson City, NC



Melissa Garcia Maldonado
Louisville, KY

“Do not be deterred by others who may want to limit your opportunities; find mutually supportive partnerships to work with you to be as successful as you want to be; we need someone to carry the torch and lead the profession...you are those ‘someone’s’.”

– Marcia Stanhope, PhD, RN, FAAN, Pinning Ceremony Speaker 2019

BSN Graduates of 2020!



Olivia Arden
Lenoir City, TN



Bridget Bill
Cincinnati, OH



Kali Bruns
Winfield, TN



Megan Caldwell
Yeaddis, KY



Bidhya Dhital
Nepal
Lexington, KY



Faith Holden
Alcester, SD



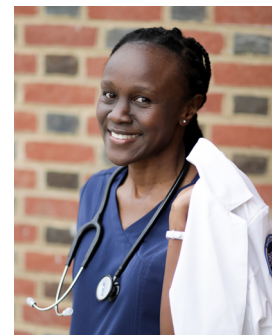
Hollie Jameson
New Castle, KY



Joanita Maison
Ghana
Gainseville, GA



Aji Mye
Gambia
Bronx, NY



Hilda Okeyo
Nairobi, Kenya



Palkyi Palkyi
Tibet



Bailie Parker
Erlanger, KY



Katelynn Spicer
London, KY



“Graduates, we want to see you be brave as nurse leaders who change the culture of the work environment and health outcomes of your patients.”

- Dr. Monica Kennison, Virtual Pinning Ceremony 2020

Simulation—Bridging the Gap

By Connie Lamb '95, PhD, RN, CNE, CHSE and Crystal Catron, BSN, RN, CHSOS

The Nursing Department's state-of-the-art Clinical Skills and Simulation Center is designed to simulate real-world clinical settings, providing students the opportunity to learn and practice in a safe environment. From the Home Suite to the Pediatric and Adult Simulation rooms, faculty continue to embrace integration of simulation pedagogy throughout the curriculum.

For example, Dr. Linda Wray uses the Clinical Skills Lab and high fidelity simulation rooms to teach physical assessment and psychomotor nursing skills. Summative assessments are done using the SimView technology and high-fidelity manikins. In the past, students were expected to perform psychomotor skills on a static manikin while faculty, positioned at the foot of the bed, looked on. Now, students are assigned to provide care to one of the high-fidelity manikins. The plan of care includes performing one or more psychomotor nursing skills. Students arrive to provide care, receive report and autonomously, provide care to their assigned patient. The performance is video/audio recorded. Using a rubric, the student will view the recording and complete a self-assessment. The self-assessment rubric is structured to identify areas for improvement. The student and faculty then view the recording together looking for evidence of skill competency. The process may repeat until the student has successfully demonstrated competency. Using this teaching strategy, we are able to build physical assessment, psychomotor skill competency and clinical judgement practice into one experience.

Another example of integration involves live-stream into the classroom. For example, early in the spring semester, junior nursing students were learning principles of blood transfusion. Dr. Lamb began the class, delivering a 30-minute lecture. Following lecture, students completed a case study involving the care of a post-op hip arthroplasty client with a hemoglobin level of 6.9 mg/dL, ordered to receive 2 units of packed red blood cells. Upon completion of the case study, two students

volunteered to provide nursing care to the same client in the Adult Sim lab. Mrs. Catron had the high fidelity manikin moulaged, and ready to go. Using the SimView software, the simulation was live streamed into the classroom. The two student volunteers were assigned roles, a primary and secondary RN. They were given report, assessed the client, reviewed the orders, and initiated a blood transfusion following policy and implementing evidence based best practice, while their peers observed from the classroom. These two students were given an opportunity to practice all they learned in class. We know from simulation research, peer observers learn as much as those actively completing the simulation. In this case, each classroom observer was provided an observation rubric. The objective was to recognize and identify examples of teamwork, collaboration and effective communication. Student evaluation of the live streamed simulation activity was favorable. Bridging



Logan Price '19 assessing Mr. Sage's carotid pulse in the Karin Larson Adult Simulation Lab.



Connie Lamb '95, PhD, RN, CNE



Crystal Catron, BSN, RN



Faculty prepare simulated birth from the control room which overlooks the Pediatric and Maternity Simulation Lab (donor anonymous).

the gap between theory and practice builds knowledge and skills. Mrs. Catron managed the simulation lab and control room, while Dr. Lamb taught from the classroom, watching a live stream video of students actively engaged in blood administration.

As we move forward, we will continue integrating simulation into the curriculum. We are committed to providing our students with standardized, experiential learning opportunities in a safe learning environment using innovative technology, task trainers, high fidelity simulation manikins, standardized patients and a range of specialized medical simulation equipment. Our long-term goal is to achieve program recognition by becoming a Society for Simulation in Healthcare (SSH) Accredited program. SSH accreditation is obtained through a rigorous peer-review process. Moving toward this goal means evaluating simulation integration based on assessment outcomes. We must demonstrate that we have met core teaching and education standards set by the Society for Simulation in healthcare. We are moving toward this goal at a rapid pace. Part of the accreditation process requires certification in simulation specialties. Dr. Connie Lamb successfully obtained her certification as Certified Healthcare Simulation Educator (CHSE), and Crystal Catron successfully obtained her certification as a Certified Healthcare Simulation Operations Specialist (CHSOS) in January 2020.



Crystal Catron, BSN, RN

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Faculty Engagements & Service

Awards

Kennison, M., & Lamb, C. Excellence in Educational Research Award finalist, Sigma Theta Tau International and Chamberlain University Center for Excellence in Nursing Education for their work, "Using reflective writing to transform learning in an international immersion experience." Awarded at Opening Plenary, Sigma Research Congress, Calgary, July 29, 2019.

Publications:

Dzurec, L. C., Karpinski, A. C., Kennison, M., Rair, R., & Fitzgerald, S. M. (2019). Assessing Perceptions of Family-Like Dynamics in the Workplace as Possible Precursors of Workplace Bullying: Psychometric Analysis of a Modified Instrument. *Journal of Nursing Measurement*, 27(2), 297- 312.

Kennison, M., Lamb, C., Ponder, J., Turner, L., Kosmides, A., & Dzurec, L. C. (2019). Expressive writing: A self-care intervention for first year undergraduates. *Building Healthy Academic Communities*, 3(1), 44-55.

Presentations

Kennison, M. Workplace incivility? Not on my watch! AACN Lead Program for new deans. Greensboro, NC: February 27, 2020.

Howard, M.S., Dzurec, L.C., Embree, J.L., & Kennison, M. Special Session. Bullying and toxic work environments: Are there solutions? Sigma Research Congress, Calgary, July 28, 2019.

Dzurec, L.C., & Kennison, M. Special Session. A clearer sense of just why inclusive excellence and workplace bullying are incongruous. Sigma Research Congress, Calgary, July 26, 2019

Service

Lisa Turner: Continues to serve as Vice President and Chair of the Program Committee of Association of Community Health Nursing Educators (ACHNE) (2019-2021). She also continues to serve as Faculty Counselor for Delta Psi Sigma Theta Tau International Honor Society of Nursing, Delta Psi Chapter At-Large, and Berea Faculty Counselor.

Connie Lamb: Dr. Connie Lamb was elected and is currently serving a two year appointment on the Garrard County School Board; Dr. Lamb is serving on the Executive Council at Berea College.

Carol Kirby: Serves on the Saint Joseph-Berea Hospital, Patient and Family Advisory Committee and is the College Parliamentarian for a three-year term.

Monica Kennison: Monica is currently serving as the President of the Kentucky Nurses Deans and Director for a two-year term.

Monica is currently serving the second year term as President of The Kentucky Association of Baccalaureate and Higher Degree Nursing Program[KABHDNP].



Continuing the Legacy

Donors, We Thank You!

Mary Beth Sandone Au Yeung
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Mrs. Christina Wallerstein
Hazel Williams Chappell
Dr. Ohlen Rudolph Wilson



Doug Rosenthal funded for student travel to Kagoshima University in Kagoshima, Japan.



Joe and Mia Bridy have funded NCLEX-RN prep among other gifts over the last several years.



Beverly Kass '88, DNP, RN, CPHQ, HACP, Clinical Instructor – Undergraduate Nursing, Academic Integrity Officer, Seton Hall University, College of Nursing— donated engraved, silver plated nursing pins for the 13 nursing graduates.



Joan '81 and Alan Gould provided funds for snacks and refreshments during finals week.



Dr. Ron Trense has funded the Waters Memorial Summer Internships over the past several years.

Continued thanks are extended to the many other generous donors of the Margaret A. Cargill Natural Sciences and Health building.

Berea College Nursing ranked “Best Nursing School in Kentucky”



Accreditation

The Baccalaureate Nursing Department (BSN) at Berea College is accredited by the Commission on Collegiate Nursing Education, 655 K. Street, NW, Ste. 750, Washington, DC 20001, (202) 463-6930. The Baccalaureate Nursing Department is approved by the Kentucky Board of Nursing. The Nursing Department is approved for nurse aide training by the Cabinet for Health and Family Services Department for Medicaid Services.

Employment Rates at six months after graduation.		NCLEX-RN® First-time Pass Rates (# graduates)	
2019	100%	2019	100% (8)
2018	100%	2018	100% (11)
2017	100%	2017	100% (12)
2016	100%	2016	100% (7)
2015	100%	2015	100% (9)



2019

Graduates 2019 and 2020 Power Posing



2020