

2021-2022 CHILD & FAMILY STUDIES MINOR

Child and Family Studies is an interdisciplinary program that offers courses that focus on the development and interactions among children, adolescents, adults, and families, their resources, their environments, and their communities throughout the lifespan. The CFS program promotes the development and maintenance of strong and healthy families through educational experiences that lead to the enrichment of individual and family life. A special emphasis is placed on the development of effective communication skills and research skills needed by professionals who will be working with children, adolescents, adults, and families in various academic and professional roles. A minor in Child and Family Studies can be particularly useful for students whose future plans include working with and/or have an interest in children, adolescents, adults, seniors, and/or families, as well as nutrition and food studies.

The Child & Family Studies minor will consist of seven (7) courses as follows:

Required Core Courses

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| CFS 130 | Lifespan Human Development |
| CFS 145 | Consumer Decision Making |
| CFS 207 | Family Relations (also WGS 207) |
| CFS 221 | Fundamentals of Nutrition |

Required Distribution Courses

Three (3) additional course credits, one from each category and at least one at the 300-level or above.

Child Development

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| CFS 210 | Foundations of Early Childhood Education |
| CFS 313 | Infancy & Early Childhood |
| CFS 315 | Middle Childhood & Adolescence |
| CFS 353 | Childhood Guidance |
| CFS 356 | Variations of Young Children's Development |
| CFS 286/386/486 | with a child development focus |

Nutrition & Food Studies

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| CFS 103 | Consumers & the Food System |
| CFS 115 | Principles of Food Preparation |
| CFS 209 | Appalachian Foodways (also APS 209) |
| CFS 225 | Food, Culture & Society |
| CFS 318 | Food Policy (also ANR 318) |
| CFS 286/386/486 | with a nutrition & food studies focus |

Family Studies

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| CFS 201 | Sexuality in Everyday Life (also SOC 201 & WGS 201) |
| CFS 231 | Social Gerontology (also PSY 231) |
| CFS 237 | Human Environments I |
| CFS 238 | Human Environments II |

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| CFS 245 | Community Resources-Families |
| CFS 317 | Parent Child Interaction |
| CFS 350 | Family Law & Policy |
| CFS 362 | Contemporary Family Issues & Poverty |
| CFS 366 | Cross-Cultural Perspective—Families (also WGS 366) |
| CFS 286/386/486 | with a family studies focus |

Exploring the Minor— Students considering Child & Family Studies as a minor should begin exploring this interdisciplinary field through the program’s 100 level introductory courses: [CFS 103](#) or [CFS 115](#); [CFS 130](#); and CFS 145.

Admission to the Minor—Students must (a) have earned a grade of C+ or higher in [CFS 130](#); (b) have earned a C or higher in any other CFS course taken at the time of declaring the minor; (c) must have an overall G.P.A. of 2.00; (d) be interviewed by a member of the Child and Family Studies program; (e) submit the required written essay; and (f) receive a positive recommendation from the CFS program.

Course Sequencing Considerations (in order to complete degree requirements within eight terms)— [CFS 130](#), [CFS 145](#), [CFS 207](#) (also WGS), and [CFS 221](#) are prerequisites for upper-level courses and are offered every regular term. Upper-level courses sometimes are offered only once a year or alternate years, so early curricular planning is very important. If a student elects to take CFS 395/495 to fulfill a major requirement, the Internship may be completed after the first year is completed. However, the Program recommends that CFS Internships be completed after the sophomore or junior year. Most CFS Internship placements are during the Summer terms. Students, including those with a dual concentration, may use only one program-approved CFS 186/286/386/486 and/or 395/495 to meet a concentration requirement.

Proficiency Requirements for Retention in and Completion of the Minor— Students must earn at least a C in each of the remaining CFS courses for successful completion of the minor. In addition to specified course requirements, each student must satisfy departmental standards for written and oral communication.

Other Considerations and Recommendations—

- No more than one CFS transfer credit may be counted toward the CFS minor.
- No more than two CFS courses in the CFS minor can count toward a student’s major in a different program or count toward a different minor.
- Students pursuing the minor are not eligible for enrollment in [CFS 441](#) or [CFS 480](#), the two capstone/senior seminar courses.

Special Note: All CFS majors and minors must undergo a Criminal Records Check (CRC), obtain a Child Abuse and Neglect (CAN) report, and complete a T. B. skin screening or test. This is accomplished in [CFS 130](#).