

2022-2023 HEALTH STUDIES MINOR
(Minimum of five course credits, plus HHP 100)

Must earn a “C” or higher in each minor, prerequisite, and collateral course

A Health Studies minor provides students who are pursuing a liberal-arts education with an opportunity to engage in a process of understanding how the health and wellness of an individual can support their capacity to succeed in any chosen field and can complement the knowledge attained from their major.

Required Core Courses

HLT 200 Foundations of Health Studies

HLT/PSY 227 Health Psychology

Required Distribution Courses

Two (2) course credits chosen from the following list

HLT/WGS 111 Human Sexuality

HLT/APS 210 Health in Appalachia

HLT 224 Addiction and Violence in the Family

HLT/WGS 236 Women and Health

HLT 300 Health Program Planning & Evaluation

CFS 221 Fundamentals of Nutrition

SOC 200 Sociology of Health

Required additional HLT course

One (1) additional full-credit HLT course chosen from the list above, HLT 395 Health Internship, or health-related course approved by HLT faculty.

Admission to the Minor—An interview with members of the Health Studies faculty and departmental recommendation are required for admission to the Health Studies minor.

Proficiency Requirements for Retention in and Completion of the Minor—A grade of C (2.0 GPA) or higher in each required Health Studies minor course is required for continuation in the minor. Students not earning a grade of C or higher may repeat that particular course to raise the grade while remaining in the minor program. In addition to the course GPA requirement above, certification in first aid, including adult, child, and infant cardio-pulmonary resuscitation (CPR) with Automated External Defibrillator (AED) must be completed by the first term of the senior year. May be met by taking HLT 109 or through successful completion of an outside course with certification.